

Parcel Information

To make up your own parcel use a sturdy shoebox. Weight limits are imposed so the filled box should weigh no more than 1.8kg. Every parcel is checked before sending out so please leave **unsealed and unwrapped**. Or you can collect parcel fillers for us to make up into boxes.

• Suggested Items •

The key to filling a box is to keep the contents small and light - travel sizes or individual portions are ideal. We recommend a selection of –

Seasonal Goodies - Santa hat, selection box, mini Christmas cake, tube of sweets, tinsel, decorations.

Savoury Items - Nuts, snacks, crisps, Pringles, oat cakes, rice cakes.

Sweet Items - Cakes, biscuits, cereal bars, sweets, chocolate, lollies, mints, tinned fruit, drinks sachets.

Recreation - Puzzle books, playing cards, travel games, pens, notebooks.

Toiletries & Clothing - Wet wipes, shower gel, deodorant, talc, razors, shaving gel, tissues, toothpaste, lip salve, socks, undies, t-shirts.

NOT PERMITTED

Aerosols, alcohol, matches, lighters, top shelf magazines, party poppers or crackers.



For reasons which we know you'll understand, we cannot give out, under any circumstances, names or addresses of Service Personnel. Therefore made up parcels or parcel fillers must be handed over to our dedicated teams of volunteers. Details of areas covered by our teams are shown on our website (www.supportoursoldiers.org.uk).

• Closing Dates •

To comply with BFPO posting dates all donations, parcels or parcel fillers must be received by the following dates -
Donations by post - Friday 8th November
Parcels or parcel fillers - Saturday 9th November
Online cash donations – Saturday 30th November



Thank you for your support!

Registered Charity No:
1120684

Head Office
19 Sycamore Crescent
Ayr

KA7 3NS
07779 762932
01292 619876



Support Our Soldiers Christmas Parcel Appeal 2013



Sending festive cheer to
members of the British
Armed Forces serving
overseas
at Christmas



Support Our Soldiers Christmas Parcel Appeal 2013

2003 CELEBRATING 10 YEARS 2013

Each year since 2003 Support Our Soldiers have sent Christmas parcels to members of the British Armed Forces serving in Afghanistan, Iraq and other overseas operations.

Last year, thanks to the wonderful generosity of both individuals and companies, over 12,000 parcels were dispatched. We're now embarking on our Appeal for 2013 and hope that we can count on your support.



To avoid overwhelming the BFPO system we will be working to a set number of parcels. Once this number is reached, any further donations, parcels or parcel fillers will be used in the New Year.

The parcels mean so much more than a box filled with seasonal goodies - they represent the support and good wishes of the British public, and show our brave soldiers that we are thinking about them. The following extracts from letters received over the years explain a little further -

"Just a quick e-mail to say thanks for the brilliant boxes that your organisation sends out and also to thank all the companies and individuals for donating. We greatly appreciate your efforts, more than you will probably know. Please, keep making a difference...."



"It's always difficult being away from family at this time of year and your unexpected parcels helped lighten the mood of myself and the other guys. Thank you once again."

"On behalf of the British contingent here – a mixture of Royal Navy, various Army Regiments and Corps, and the Royal Marines – please accept our sincere thanks for being so thoughtful as to send us a parcel. All the parcels we receive from well-wishers at home are shared out amongst the troops, and they are most welcome indeed. It is very comforting to know we are in your thoughts."

"Thanks to the great British public we will have as merry a Christmas as could be expected in Helmand. Thank you all so very much to everyone who contributed. We won't forget it."

How you can help...

- Make a monetary donation •

Our parcels can cost just £5 and are filled with a selection of seasonal goodies. You can donate £5 for a single parcel, or multiples thereof. We encourage you to send a card or message of goodwill to be included in the parcel. Cheques or postal orders made payable to "Support Our Soldiers" should be sent to:-
SOS Christmas Parcel Appeal
19 Sycamore Crescent

Ayr
KA7 3NS

You can also donate online via our website
www.supportoursoldiers.org.uk

- Make up your own parcel •

We encourage individuals, groups and associations to register with us and make up their own parcels or collect parcel fillers. Every single item donated really does make a difference! More information about what can and can't be sent is shown overleaf.



- Helping Packing & Wrapping •

To pack and wrap the parcels is a huge task and we are always grateful for help with this. If you live in or around any of the areas covered by our volunteers and can spare an hour or two to lend a hand then please get in touch. You'll be very warmly welcomed!